

Westman Co-ed Rec Hockey — Westman Wolverines Parent Information and Policies

- 1. Cancellation due to adverse weather policy:** Since we have the ice booked, cancellations due to weather will be the decision of the head coach. If s/he chooses to hold the practice it is parental discretion whether they choose to travel to the practice under the weather conditions.
- 2. Dressing Rooms:** The designated dressing room will be marked on the white board as you come into the rink (on the left-hand side before going up the second level). The girls have their own designated dressing room. There must be at least two adults in the change rooms when players are in the rooms at all times.
- 3. Parent Concern Policy:** If you have a concern, we would ask that you first discuss it with the team manager or the coaching staff. Please save your discussion with a coach to before or after games or practices or any other time that is mutually agreed upon. If your concern is not adequately resolved, please contact Carissa Fenty (204) 871-6182 or email wcrechockey@outlook.com.
- 4. Safety:** Wearing all protective equipment (including mouth guards with the exception of goalies) will be mandatory. Coaches have the right to ask players to sit on the bench if they do not have mouth guards and all other safety equipment in place when on the ice. Coaches will enforce other safety precautions as needed.
- 5. Safety on the Ice:** There shall be no body checking, no pushing, no tripping, hitting or punching, no slap shots at any time and no intentional stick misuse by players during practice or games. Coaches have the right to bench anyone not obeying these rules. A major penalty during a game will mean the player is kicked out of the game. There will be a three-strike rule. After being reprimanded by the coach twice, on the third time for the same behaviour the coach will bring the incident to the board. It will be discussed and the player will potentially be suspended for the year with no refund of fees paid. We are a **NON-CONTACT** organization.
- 6. Games/Practices:** Please go to TeamSnap for ice times (please read carefully for times and dates). Subject to change. Managers will notify you if there are any changes to the schedule. Check regularly to ensure you have the latest schedule.
- 7. Expectations:** Coaches expect regular attendance and communication with the coach to let them know if you are not coming. To make the best use of ice time, please have your child at the rink and dressed and ready at least 10 minutes before practices and game time so that the coaches have some time to teach rules, plays and set up lines before games.
- 8. Power Skating Schedule:** Power skating is a program we provide to teams for extra skating practice at no extra cost and is taught by Randy Kalynuk. If you would like your child to have

more ice time and practices, please consider the Breakfast Club (free practices) on Tuesday and Thursday mornings at 7:30-8:20am.

- 9. Communication:** TeamSnap, emailing and texting are the preferred modes of communication. Please check your TeamSnap daily for scheduling changes or updates and please reply as a courtesy so the manager knows you got the message.
- 10. Tournament Responsibilities:** It is expected that every family of the hosting team will approach 2 businesses with our sponsorship letter, donate a prize, or give \$25 to go towards prizes for the raffle table. Tournaments can be a good fundraising opportunity for the organization.
- 11. Always Remember** hockey is a game and a game is fun! We encourage coaches to play children as equally as possible with some latitude if the game is very close at the end, or to score at least one goal in a game.
- 12. Good Sportsmanship** and respect for referees will be expected by all players, parents, coaches and managers. Check out the following site for some hockey basics for parents:
<http://www.dummies.com/how-to/content/hockey-for-dummies-cheat-sheet.html>

Players Name:

Parent/Guardian Name:

Parent/Guardian Signature:

Date: